



# USARJ COVID-19 ACTIVITY GUIDE

Updated March 30, 2022



Type of Activity

	Normal COVID Precautions		Increased COVID Precautions Quasi-State of Emergency Declared		Highest COVID Precautions State of Emergency Declared	
	Unvaccinated	Vaccinated*	Unvaccinated	Vaccinated*	Unvaccinated	Vaccinated*
Restaurants and cafes	Authorized	Authorized	Indoor dining authorized 5 a.m. - 9 p.m. only	Indoor dining authorized 5 a.m. - 9 p.m. only	**Area is off limits except for official business.	Indoor dining prohibited / Takeout / outdoor dining authorized
Commuter trains and buses	Authorized	Authorized	Authorized	Authorized		Authorized
Indoor entertainment, sporting events, tourist sites, and attractions	Authorized	Authorized	Authorized	Authorized		Prohibited
Outdoor entertainment, sporting events, tourist sites, and attractions	Authorized	Authorized	Authorized	Authorized		Authorized
Bars and nightclubs	Prohibited	Authorized	Prohibited	Authorized 5 a.m. - 9 p.m.		Prohibited
Pass / leave approval authority	Company Commander / GS-13 Supervisor	Company Commander / GS-13 Supervisor	O-6 / GS-15 Commander / Director	O-5 / GS-14 Commander / Director	Commanding General	O-6 / GS-15 Commander / Director

\*Vaccinated means at least two weeks have passed from the final dose of a CDC-authorized COVID-19 vaccine as reflected in MEDPROS.

\*\*Unvaccinated residents of areas under the highest COVID-19 precautions may conduct essential activity only in the immediate vicinity of their place of residence to include takeout, essential shopping and services, physical fitness, and public transportation for essential activity only.

All personnel will continue to adhere to, at a minimum, the Government of Japan (GOJ) mask guidance when off U.S. installations. Masks will be worn when in public. Wearing a mask is required in all public transit facilities and on all public transportation.

On-post COVID-19 level for mask wear is currently **Medium** for USARJ, unless set higher by installation commanders.

Service members and civilian employees, refer to your chain of command and GO #1 for specific travel guidance and restrictions.

[CDC Mask Guidance](#) Applies on Post

Low	Medium	High
Informed personal preference	Recommended for high-risk individuals	Wear masks indoors

## COVID-19 Situation

- Normal precautions
- Increased precautions
- Highest precautions

Normal COVID Precautions	Increased COVID Precautions Quasi-State of Emergency Declared	Highest COVID Precautions State of Emergency Declared
All areas not listed	None	None

